

**“I want to be
a doctor of
complementary
medicine”
ZOE ANDREWS**



Complementary Therapies

VTCT LEVEL 2 DIPLOMA IN COMPLEMENTARY THERAPIES

1 year full-time, equivalent to 2 GCSEs grade D-G

This vocationally related qualification offers initial training for those who wish to be Complementary Therapists and enter an academically progressive and professionally employable career in the complementary health therapy sector.

The qualification will provide and develop skills to communicate with the client and plan and deliver basic Complementary Therapy treatments safely and effectively.

Course Units:

The modular units will provide essential knowledge and support practitioner skills development in basic Massage Therapy, basic Reflexology techniques and basic Aromatherapy techniques for Complementary Therapies.

Supporting Core Units are:

- Knowledge of Anatomy and Physiology for Complementary Therapies
- Health, Safety and Hygiene for Complementary Therapies
- Introduction to Healthy Eating and Well-being for the Complementary Therapy Client
- Introduction to Clinic Services and Business Awareness for Complementary Therapies
- Introduction to Principles and Practice of Complementary Therapies

Assessment:

Assessment will include internal and external format and will be collected in a portfolio of evidence. This will be developed with supportive, continuous feedback throughout the course:

- To demonstrate achievement of learning outcomes
- Evidence practical skills
- Prove competency working on clients in a realistic working environment

Any external assessment is set and marked by the awarding body.

To Join the Course:

Post GCSE candidates should possess at least 2 GCSEs at grade D or above. They should also be able to demonstrate a mature manner, flexibility and focus to learn academic subjects to support acquiring professional practitioner skills eg:

- Punctuality and excellent attendance
- Complete and submit case study/allocated work on time

Further Opportunities:

Progression on to the Level 3 Diploma in Complementary Therapies and higher education.



VTCT LEVEL 3 DIPLOMA IN COMPLEMENTARY THERAPIES

This vocationally related qualification offers training for those wishing to be Complementary Therapists and enter an academically progressive and professionally employable career in the Complementary Health therapy sector.

The qualification will provide and develop skills to communicate with the client and plan and deliver classical complementary treatments safely and effectively.

Course Units:

The modular units will provide essential knowledge and support Practitioner skills in Body Massage therapy, Reflexology and reflective practice in Reflexology and Aromatherapy and reflective practice in Aromatherapy for Complementary Therapies.

Supporting Core Units are:

- Knowledge of Anatomy and Physiology for Complementary Therapies
- Knowledge of Less Common Pathology for Complementary Therapies
- Health, Safety and Hygiene for Complementary Therapies
- Healthy Eating and Well-being for the Complementary Therapy Client
- Business Practice for Complementary Therapies
- Principles and Practice of Complementary Therapies

Assessment:

Assessment will include internal and external format and will be collected in a portfolio of evidence. This will be developed with supportive, continuous feedback throughout the course:

- To demonstrate achievement of learning outcomes
- Evidence your practical skills
- Prove competency working on clients in a realistic working environment

Any external assessment is set and marked by the awarding body.

To Join the Course:

Good application/focus to study and flexibility to acquire new skills.

Self management to:

- Practice skills at home
- Complete and submit case study/allocated work on time
- Source clients for case study work (to develop networking for own business on achievement of course)

Punctuality and excellent attendance are also required.

Further Opportunities:

Progression onto further qualifications in Complementary Therapies and higher education for example, the Foundation Degree in Complementary Approaches to Health.

